



for further details.

Will you pledge just £5 per month? A regular donation means that you will be making a difference to real women every month. Please visit www.keepingabreast.org.uk/fundraising

Join the KAS Club

The money you raise will go towards running and expanding our network of support groups, which provide women with the help and advice they need when facing breast reconstruction. Funds help support women through their recovery by providing them with post operative bras, financial assistance with childcare and travelling expenses, help in the home and much more. We have also helped fund the purchase of specialist equipment, training and employment.

How does fundraising help?

These are just a few of the things you can do to help us, but we would love to hear more ideas from you!

- Garden Parties, fetes & cake sales
- Quiz nights & girls nights in
- Cycle rides & marathons or 5k/10k runs
- Parachute jumps
- Book exchanges
- Even 'penny pot' collections

groups and supporters host fundraising events for us, such as; events including; our annual ball, our fashion show and of course our Booby Cupcake Week, many of our As a charity Keeping Abreast are always looking to proactively fundraise. As well as our major fundraising

How you can help us



Keeping Abreast

Breast Cancer Reconstruction Support



THANK YOU!

THANK YOU FOR SUPPORTING LADIES FACED WITH BREAST CANCER RECONSTRUCTION

**BE INVOLVED. TELL YOUR STORY.
VOLUNTEER. FUNDRAISE. DONATE.**

WWW.KEEPINGABREAST.ORG.UK

Keeping abreast holds no responsibility for the food donated here today